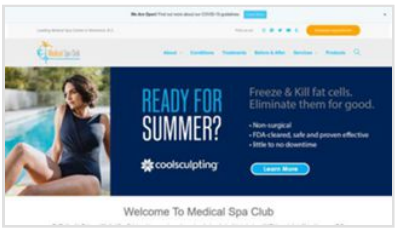


Performance Report for:

https://medicalspaclub.com/

Report generated: Mon, Jul 12, 2021 10:01 PM -0700
Test Server Location: Vancouver, Canada
Using: Chrome (Desktop) 90.0.4430.212, Lighthouse 7.4.0

A	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
	99%	93%	683ms	76ms	0.04

Top Issues

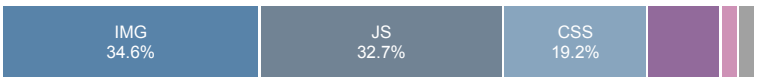
IMPACT	AUDIT	
Med-Low	**Use a Content Delivery Network (CDN)**	18 resources found
Low	**Use passive listeners to improve scrolling performance**	2 event listeners not passive
Low	**Properly size images**	Potential savings of 140KB
Low	**Serve static assets with an efficient cache policy**	Potential savings of 30.1KB
Low	**Reduce unused CSS**	Potential savings of 101KB

Page Details

2.4s
Fully Loaded Time

Total Page Size - 958KB

Total Page Requests - 52



HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

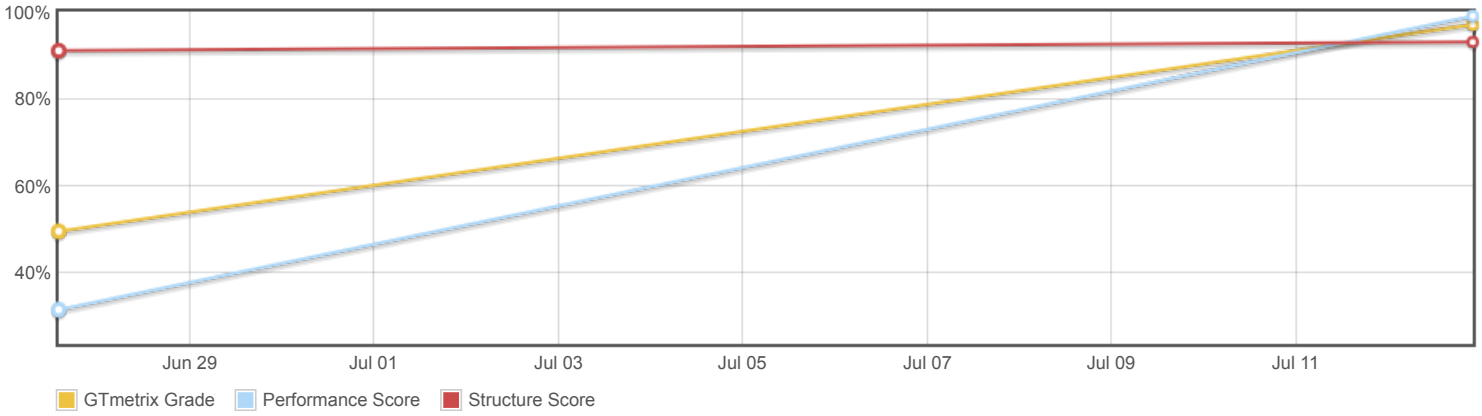
As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

About GTmetrix

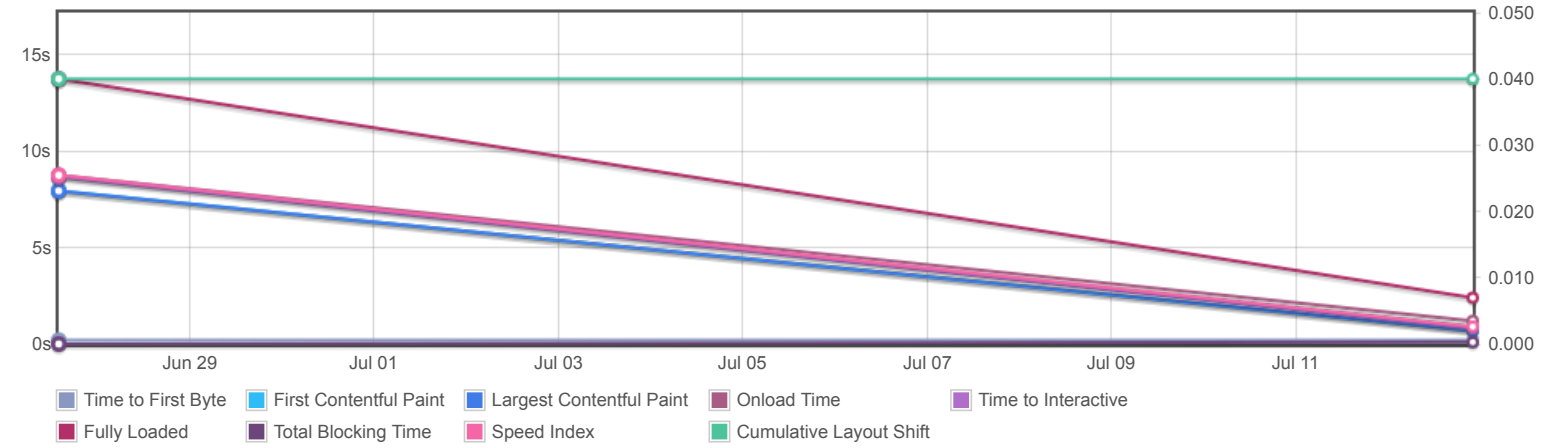
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 25 years experience in web technology.

https://carbon60.com/

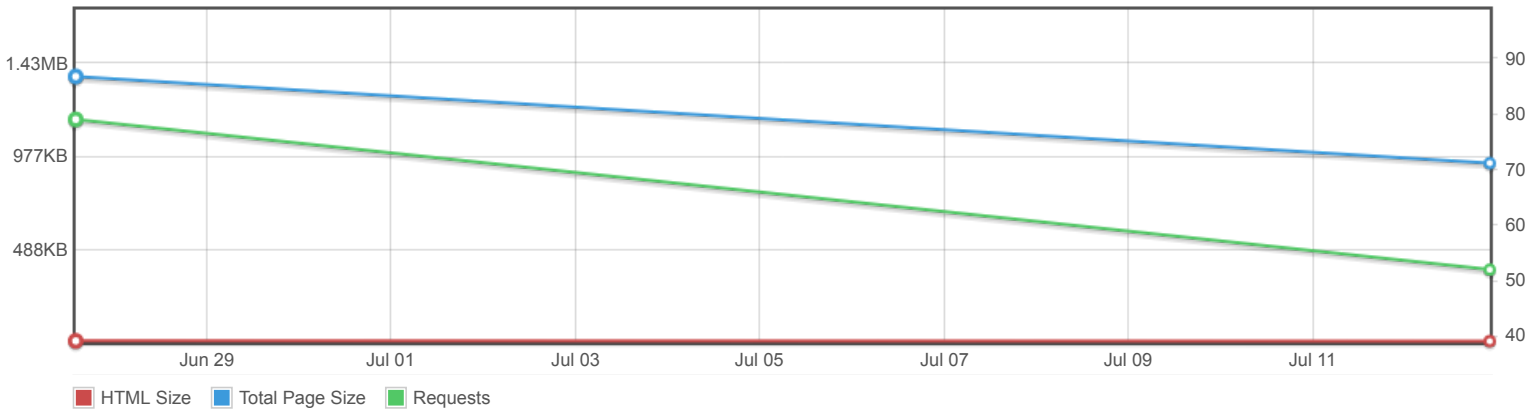
Page scores

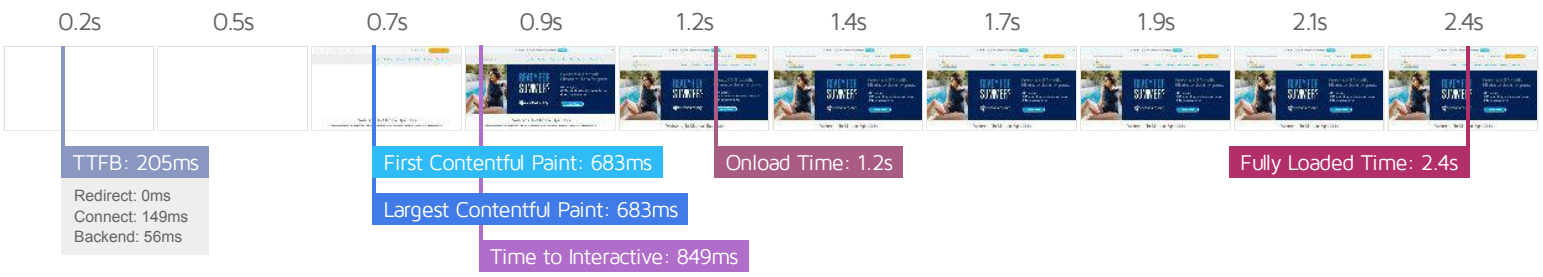


Page metrics



Page sizes and request counts





Performance Metrics

First Contentful Paint

Good - Nothing to do here

683ms

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

Time to Interactive

Good - Nothing to do here

849ms

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

Speed Index

Good - Nothing to do here

879ms

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

Total Blocking Time

Good - Nothing to do here

76ms

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

Largest Contentful Paint

Good - Nothing to do here

683ms

How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.

Cumulative Layout Shift

Good - Nothing to do here

0.04

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

Browser Timings

Redirect	0ms	Connect	149ms	Backend	56ms
TTFB	205ms	First Paint	683ms	DOM Int.	847ms
DOM Loaded	847ms	Onload	1.2s	Fully Loaded	2.4s